



115 1st Street East, Fosston, MN. 56542

Cornerstone

RESIDENCE OF FOSSTON

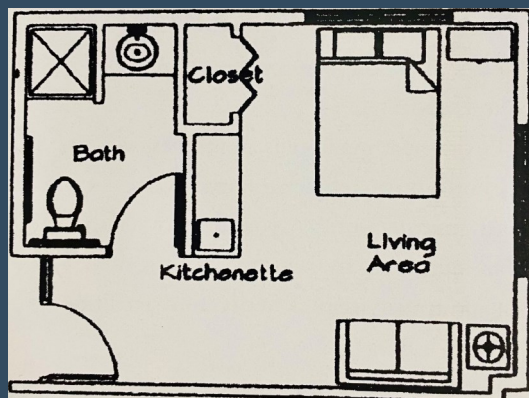
Cornerstone Residence of Fosston is conveniently located in downtown Fosston allowing individuals to maintain their independence & socialization. CRF is within walking distance to shopping, Nord's Pharmacy, many local shops, the Civic Center, the Fosston Theatre & the High School to attend community events. The Fosston City Bus is also available when walking is not convenient.



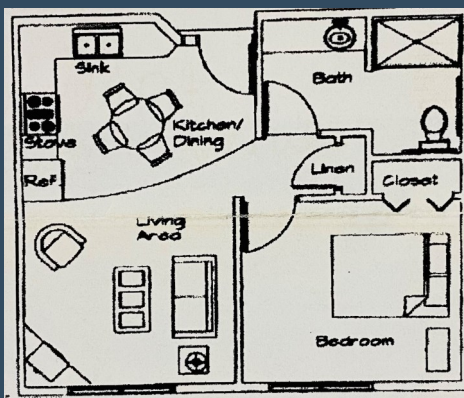
Private one & two bedroom apartments & suites provide Residents with staff 24 hours a day for safety & security. A custom tailored 'Personal Cares Package' is not only more economical than a traditional one-size-fits-all health care program, it also guarantees that each resident is receiving only the services needed in order to sustain vital lifelong independent living.

Residents can be rest assured that personal attention will always be available whenever needed. In addition to the Personal Assistants at Cornerstone Residence, Registered Nurses, Licensed Practical Nurses and Certified Nursing Assistants are there to provide quality health services.

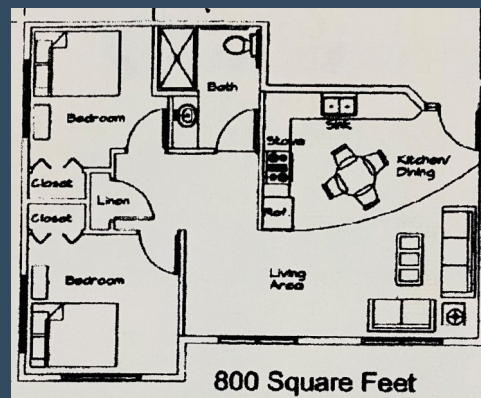
CORNERSTONE™
A SOLID FOUNDATION IN HEALTHCARE



Private Suite • 300 Sq. ft.

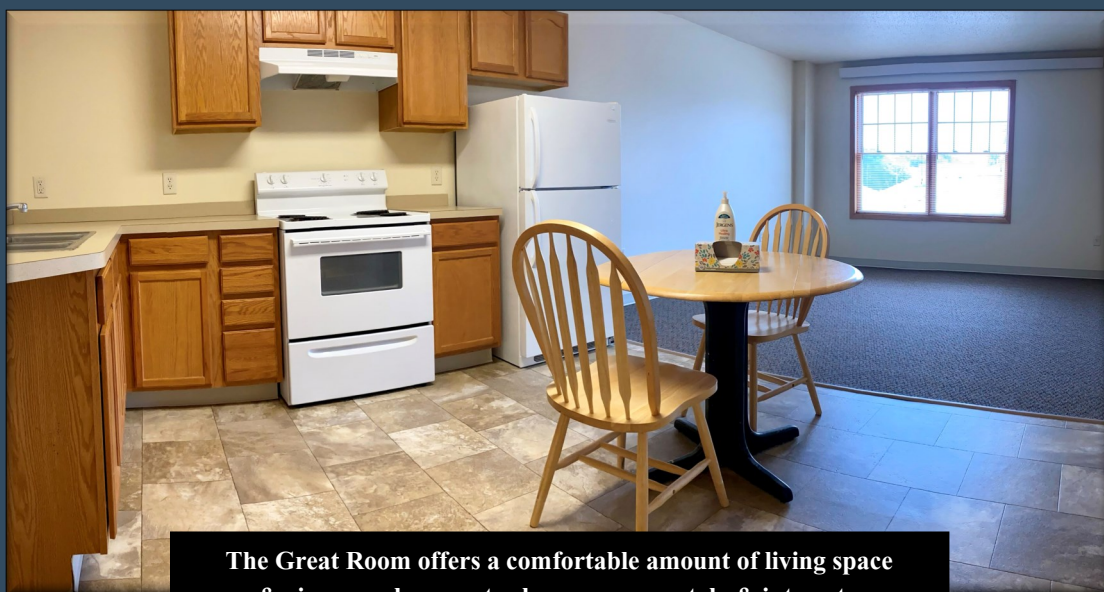


One Bedroom Apartment 500-600 Sq. ft.



Two Bedroom Apartment 800 sq. ft.

PICTURED IS A 1 BEDROOM APARTMENT

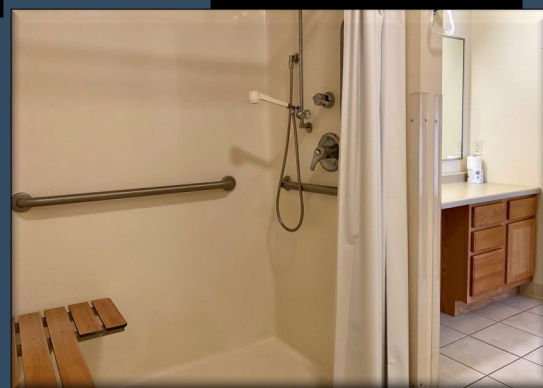


The Great Room offers a comfortable amount of living space & gives ample room to showcase your style & interests.

Wheel Chair
Accessible Bathroom
with large vanity &
counter space.
Equipped with built
in shower chair and
grab bars throughout.



Spacious Bedroom with ample closet. A large linen closet is located right between the bedroom & bath for ease of use as well.



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❖ Health Related Services

Initial & Ongoing Coordination by an RN: RN on call 24 hrs. a day, 7 days a week.

Assist with Activities of Daily Living: Bathing, foot and skin care, dressing, continence care/toileting or bowel and bladder program, eating, walking, wheeling, transfers, and positioning. Weekly blood pressure checks and weight checks.

Incidental Nursing by Licensed Nurse: Setting up medications and insulin injections and monitoring. Diabetic foot care and nail clipping.

Respiratory Management: Nebulizer treatments, changing tubing, monitoring, ordering oxygen and supplies as needed.

Medication Management: Medication Reminders and Administration includes oral medications, eye drops, nasal sprays, inhalers, topical skin lotions/ointments, ear drops, suppositories, and medication patches.

Diabetic Care: Such as glucose monitoring, insulin injections and observation, specialized diet preparation per Dr. ordered.

❖ Supportive Services

Staff available 24 hours a day

Staff Call pendants for each resident.

Three nutritious meals per day plus snacks and special diets.

Housekeeping, laundry & linen change.

Weekly shopping

Arrangement for transportation to medical appointments.

Arrangement for medical appointments.

Daily Activities and Socialization - lounge for family gatherings.

❖ Full Apartments & Private Studios

Private 1 & 2 bedroom apartments with living room, bedroom, bathroom, and full kitchen: refrigerator and range.

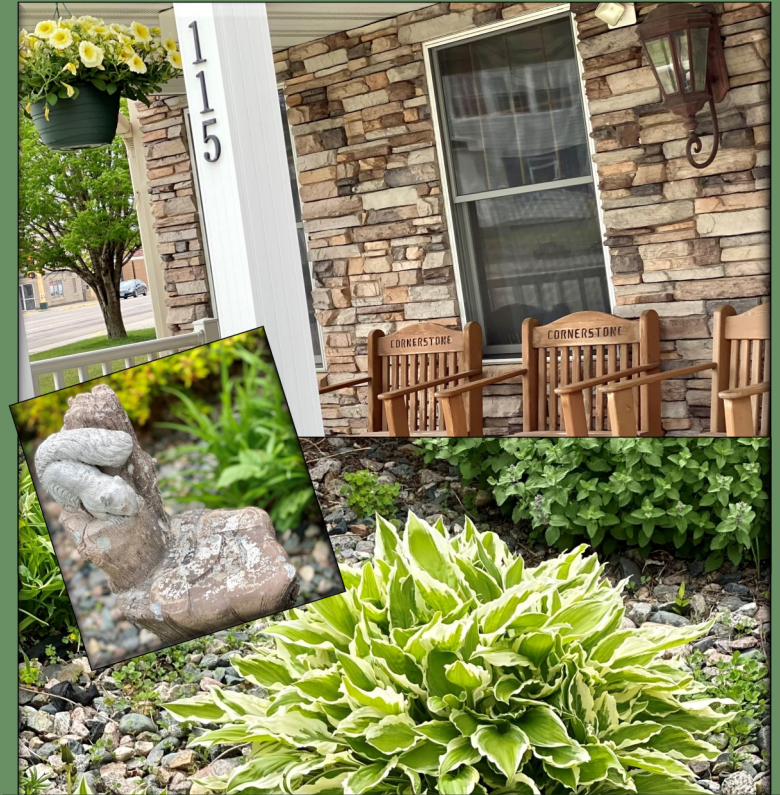
All utilities paid, except telephone.

Self-regulated thermostats for heat/air.

❖ Memory Care

Cornerstone Residence in Fosston offers Memory Care & Extended Care in a comfortable, safe and secure environment. The caregivers are specially trained in areas of memory care. Personalized care plans are set up by an RN to fit individual needs and care.

Other Amenities



Enjoy Cornerstone's beautiful landscaping from the Front Porch or the Back Patio!



Fine Art Throughout



Affordable Payment Options

Cornerstone Residence of Fosston recognizes the personal, health, and financial needs of the residents we serve. Because of these financial differences, Cornerstone Residence offers a selection of payment options that best suits the individual.

County Financial

Assistance:

Elderly Waiver
& GRH

Long Term Care

Insurance:

Most long term care policies pay for assisted living services.

Private Pay:

Supportive and Health Related Service Packages and A la carte for additional services.

Cozy up

IN ONE OF THE SITTING AREAS



*"Embrace a lifestyle of
comfort & convenience."*

Others



If you are considering an Assisted Living, call or stop in for a tour. Sherri, CRF's Housing Manager, would happily assist you in finding the answers to any questions you may have. Cornerstone Residence of Fosston's staff members want to be your companions through your journey.

Contact Sherri today by phone at 218-435-6333 or send an email to sberg@cornerstoneshc.com. More information can also be found at www.cornerstoneshc.com.

We look forward to hearing from you!



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