Cornerstone Residence Unlicensed Personnel Position Description

Position Title: Personal Assistant

Department: Nursing

Supervisor: Assisted Living Director

JOB SUMMARY:

This position is responsible for providing personal care and designated health-related services designed to maintain the resident's physical and emotional well-being for those residents living at Cornerstone Residence. This position assists residents with tasks of daily living as indicated on the Service Agreement, the Medication Administration Record (MAR), and other services as delegated by the RN.

QUALIFICATIONS:

- High School education/GED or previous work experience
- CNA/ NAR or HHA Certificate preferred.
- Experience in working with older adults.
- Caring attitude toward individuals needing assistance.
- Must successfully complete a competency test and demonstrate competency in these areas as designated by the state requirements.

SPECIALIZED KNOWLEDGE AND ABILITIES:

This position requires the incumbent to:

- Possess a sensitivity and aptitude for working with the elderly.
- Prioritize and organize work effectively and efficiently.

• Possess skills to communicate effectively with residents, families, staff and other customers.

• Possess the ability to read, write and comprehend simple instructions,

- correspondence, and documentation, including medical terminology, in English.
- Be punctual with a good attendance record.
- Must demonstrate good interpersonal skills.

• Understand how to use, carry and be responsible for the cell phone while on duty.

ESSENTIAL JOB FUNCTIONS AND TASKS:

Medication Administration

• Administer medications and give reminders to residents as required according to the Medication Administration Record (MAR) and as delegated by the RN Supervisor provided the personal assistant has successfully completed the orientation and demonstrates competency in these areas.

- Follow policy for administrating medications PRN standing orders.
- Follow policy and procedure for narcotic administration and documentation.
- Follow policy and procedure for medication administration when a resident is leaving the building.

• Follows policy and procedures when receiving new or changed medication orders.

• Other medication administration duties as assigned by RN Supervisor.

Provide personal and direct care to residents

• Assist residents with activities of daily living as indicated on their individual service agreement (including, but not limited to bathing, dressing, grooming, toileting, oral hygiene, and escorting).

- Assist residents with daily room order and light housekeeping.
- Assist residents with personal laundry duties.
- Maintain a clean and healthy environment.

• Promote independence, not dependence, with residents offering choices and fostering self-help skills, assisting residents to achieve maximum self-reliance.

- Perform routine procedures as delegated by the RN Supervisor, after successfully completing orientation and demonstrating competency in these areas.
- Understand standard precautions used for infection control and adhere to them.

Documenting and reporting

• Document any changes in residents' condition in the resident chart and communication log. Report these changes to the RN Supervisor.

• Completes incident reports according to policy.

• Reports to RN Supervisor any medication changes or any PRN medications that have been administered to a resident.

• Understands procedures regarding assisted living tasks and charting procedures when performing these tasks.

• Recognizing abnormal signs and symptoms, or changes in residents' condition and report these changes to the RN Supervisor.

• Documenting duties completed with residents on the service delivery record during each shift.

Complete essential paperwork

• Filing papers in residents' charts as needed.

• Reviewing and signing all new residents plan of care/ weekly service record and changes in current residents' plan of care.

- Reading the communication book and checking for new memos or resident updates in the nurse's station before the start of each shift.
- Assist in the distribution of US mail.
- Other documentation as assigned and/ or needed.

Knowledge and compliance with state regulations

• Understand and adhere to the Vulnerable Adult and abuse policy, Bill of Rights and HIPAA.

• Works to assure facility is in compliance with federal, state and local standards and regulations.

• Complete a minimum of eight (8) hours of documented training including 8 hours dementia training.

- Be up to date with completing mantoux tests or chest x-rays.
- Follow all facility policies and procedures.

Activity Programming

• Encourage, gather and/ or escort residents to participate in scheduled activity programs.

- Lead activity programs as assigned.
- Clean the common areas as directed.

• Socialize with residents and incorporate new ideas and resident suggestions into programming.

Participate and function effectively as a team member

• Develop and maintain a positive working relationship with other Unlicensed Personnel, housekeeper, Nursing staff, kitchen staff and other Cornerstone Residence staff.

• Provide back up to other staff as needed to ensure 24 hours staffing.

• Communicate information regarding residents' care needs and changes to the team and families.

- Attend and provide proactive and constructive participation in staff meetings.
- Participate in orientation with new personnel.
- Be compassionate and work with tact and ethical awareness.
- Be flexible and adaptable to changing situations.
- Responds appropriately to safety hazards, fire, weather or emergency situations.
- Follow through promptly on requested duties.
- Assist kitchen staff at mealtimes with set up, serving and clean up.
- Must be mature and emotionally stable using a calm and kind tone of voice.
- The ability to remain calm in difficult or unusual circumstances.

Other duties as assigned

• Support the mission and values of Cornerstone Residence.

Work Environment:

General Strength

Moderate Work Lifting 50 lbs. maximum with frequent lifting and/or carrying of objects weighing up to 10 lbs.

Use this scale to rate frequency of occurrence for each variable in tables below.

- **N = Never** Not part of job requirements
- **S = Seldom** Not daily, but included 1-3 times per week

O = **Occasional** Done intermittently throughout the day or week, but not more than 33% of the day or week.

F = **Frequent** Done at longer intervals throughout the day or week, 34%-66 % of the day or week.

C = **Continuous** Done without interruption throughout the day or week, 66%-100% of the day or week.

Physical Factors

-	Fre	quen	cy (ch	eck o		
	Z	ŝ	0	F	С	Comments (reference essential function)
1. Standing					\boxtimes	
2. Walking a. on uneven ground	$\square \boxtimes$				$\Box \boxtimes$	
3. Sitting			\square			
4. Pushing Force			\square			

	Fre	quen	cy (ch			
	Ν	S	0	F	С	Comments (reference essential function)
5. Pulling Force		\square				
6. Lifting (heaviest weight)						
a. from floor		\square				
b. from table						
c. overhead						
7. Carrying			\square			
8. Climbing						
a. stairs			\square			
b. ladders					IЦ	
c. scaffolds	\boxtimes					
9. Balancing					Ц	
a. narrow surfaces						
b. slippery surfaces						
c. moving surfaces						
10. Stooping/bending						
11.Kneeling						
12. Crouching/squatting		\square				
13. Twisting/turning				\square		
14. Crawling		\square				
15. Restraining		\boxtimes				
16. Reaching						
a. above shoulder			\square			
b. below shoulder			\boxtimes			
c. at shoulder			\square			
17. Neck motions						
a. static positions				\square		
b. flexion					IЦ	
c. extension						
d. rotation						
18. Controls						⊠ Hand-Arm □ Foot-Leg
19. Handling						
a. simple grasping						One Hand
b. firm grasping						Two Hands
c. pushing and pulling				\square		One Hand 🛛
						Two Hands
						One Hand
						Two Hands
20. Fingering					[]	
a. fine manipulation						
b. writing						

	Fre	quen	cy (ch			
	N	S	0	F	C	Comments (reference essential function)
c. keying/typing		\square				
21. Driving a vehicle						
22. Other physical demands (describe)						
Sensory Factors						
-	Fre	quen	cy (ch	eck o	one)	
	N	S	0	F	С	Comments (reference essential function)
1. Feeling/touching						
2. Talking					\square	
3. Hearing					\square	
4. Tasting/smelling						
 5. Seeing a. near vision (reading) b. near vision (20 inches or less) 						
c. far vision (20 feet or more)						
6. Other (specify)						
Environmental Conditions						
	Fre	equen	cy (ch	eck o	one)	
	N	S	0	F	С	Comments (reference essential function)
 Work setting inside outside 		$\square \square \boxtimes$				
2. Extreme cold	\square					
3. Extreme heat	\square					
4. Wet and/or humid		\square				
5. Exposure to blood		\square				
6. Exposure to body fluids			\square			

7. Exposure to infectious disease		\boxtimes		
8. Loud noises		\square		
9. Vibrations	\boxtimes			
10. Atmospheric conditions a. fumes/odors b. poor ventilation c. grease/oil d. dust e. gases f. other				

	Fre	quen	cy (ch			
	N	S	0	F	С	Comments (reference essential function)
11. Moving mechanical parts		\boxtimes				
12. Radiation	\boxtimes					
13. Caustic chemicals (describe/list) a. b. c.						
14. Latex products		\boxtimes				
15. Wearing respirator		\square				
16. Exposure to poisonous plant	\square					
17. Exposure to insect/animal		\square				
18.Other (describe below) a. b. c. d.						

Mental Requirements

Do the essential job functions require the ability to do any of the following on a **regular** basis? Check the appropriate box for each item and describe as <u>applicable</u>.

	Yes	No	Comments (provide description)
1. Resident/public contact indicate percent of time of the work week			
2. Reading describe level (e.g., technical, grade level of materials used, etc.)	\square		
3. Writing written communications required	\square		
4. Simple arithmetic problems	\square		
5. Mathematics calculations requiring formulas	\square		
6. Weighing and/or measuring precise and accurate		\boxtimes	
7. Attentiveness duration maintaining constant alertness	\square		
8. Attentiveness intensity concentration required for accuracy	\square		
9. Short-term memory recall 2-3 days	\square		
10. Long-term memory recall from past education or event			
11. Directing, controlling or planning activities of others	\square		
12. Transferring knowledge to unique situations complex problem solving	\square		
13. Influencing people in their opinions, attitudes and judgments	\square		

	Yes	No	Comments (provide description)
14. Performing multiple tasks concurrently	\square		
15. Showing capacity for self-expression feedback, teamwork	\square		
16. Working alone or apart, in physical isolation, from others	\square		
17. Attaining precise set limits, tolerances and standards	\square		
 Working under unusual time constraints or set productivity standards 	\square		
19. Shift work other than day hours or variable start times	\square		
20. Ability to problem solve simple data gathering, selecting from known options	\square		

This job description is not meant to be all-inclusive. The employee will also perform other reasonable related duties as assigned by the RN Supervisor and/or Assisted Living Manager.

Management reserves the right to change job responsibilities, duties, and hours as needs prevail. This document is for management communication only and is not intended to imply a written or implied contract of employment.

Unlicensed Personnel

I, ______, have read the above job description and fully understand the conditions set forth therein, and as an Unlicensed Personnel, I am able to perform job duties, with or without reasonable accommodation and perform these duties to the best of my ability. I also understand Cornerstone cannot guarantee my employment and that Cornerstone may change wages, benefits and/or conditions of employment at any time.

I also acknowledge that I have read and understand Cornerstone Residence's Uniform Disclosure of Assisted Living Services and Amenities, as well as the organizational chart and roles of staff within the facility.

Employee Signature

Date

Supervisor Signature

Date

Effective 8/1/21 Approved by KS