



# CORNERSTONE NURSING & REHAB CENTER

416 7th St. NE • Bagley, MN 56621 • (218) 694-6552

June/July/Aug 2022

## Congratulations!

### Cornerstone Receives a 5 Star Rating!

What does it mean to have a 5 Star Quality Rating? Centers for Medicare & Medicaid Services (CMS) created the Five-Star Quality Rating System to help consumers, their families, and caregivers compare nursing home quality. The Nursing Home Care Compare web site features a quality rating system giving each nursing home a rating of between 1 and 5 stars. Nursing homes with 5 stars are considered to have much above average quality than nursing homes with 1 star.

Our Scores: • Health Inspections - 5 Stars! • Staffing - 5 Stars! • Quality Measures - 5 Stars!

### ResoLute Program

Cornerstone Nursing and Rehab Center is excited to be offering a new program to our residents called ResoLute.

ResoLute stands for "Resident empowered solutions on LIVING until the end." The program helps support residents and their loved ones as they embrace the work of aging with purpose, determination, and a commitment to what matters most in the late stages of their lives. Throughout the year we will have up to 5 eleven-week programs where four to six residents per group will be engaged in great conversations with new questions posed each week.

The terminology "work of aging" is used to describe conversations or actions that support one in reaching late life milestones for the mind body and spirit. As with any stage of life, milestones guide

our thoughts about the past, present and future" as written in the pamphlet produced by Empira on ResoLute.

Cornerstone recognizes the importance that residents need to be able to have a safe place to talk about how their lives have meaning, how they will be remembered, as well as many other topics that may be weighing on their minds. We also understand the consequences of not having healthy communication. Depression, physical pain, emotional pain, spiritual pain, stress, anxiety, grief, confusion, and difficult end-of-life decision-making are among the symptoms of lack of good communication. We strive to help our residents meet their late life milestones so they can LIVE the rest of their days as stress free as possible.

Learn more about us at [www.cornerstoneshc.com](http://www.cornerstoneshc.com).



### NEW TO OUR TEAM!

For those of you who do not know, my name is Jennifer and I am thrilled to be the new Social Service Designee here at Cornerstone. I have extensive work history in the skilled and long-term care world. Most recently I was managing a home health company in the Cass Lake

area; while that was fun and rewarding, I missed long term care and am so excited to be back! Besides working, I am a wife and a mom to three teenagers who like to keep me on my toes!

**CORNERSTONE  
WELCOMES  
YOU JENNIFER**

Visit Our Website, at [www.cornerstoneshc.com](http://www.cornerstoneshc.com)



**CORNERSTONE RECEIVED A DEFICIENCY FREE SURVEY FROM THE MINNESOTA DEPARTMENT OF HEALTH & STATE FIRE MARSHAL.**

Each year nursing homes are surveyed for compliance in all areas of care, service, and documentation. Residents are interviewed about the cares they receive, the food they are served, the environment in which they live in, how they are treated, and if their medical, psychosocial needs are met. Staff are observed performing cares, their interactions with residents, ensuring infection control protocols are followed, as well as much more. Staff documentation is thoroughly reviewed to ensure quality care is provided. All departments are evaluated, including Nursing, Activities, Dietary, Social Services, housekeeping, laundry, billing, and administration.

The State Fire Marshal each year inspects for compliance by performing

a complete walk through of the facility. Our emergency plans are reviewed as well as documentation on our fire and sprinkler system, boilers, emergency drills, equipment is in good working condition, and our facility is safe for our residents and staff.

We are proud of our staff and the amazing job they do each and every day! COVID has presented many challenges, yet our staff continue to provide the best quality of care and quality of life for our residents.



**Shenanigans!**

**CELEBRATING NATIONAL MIME DAY - MARCH 22!**

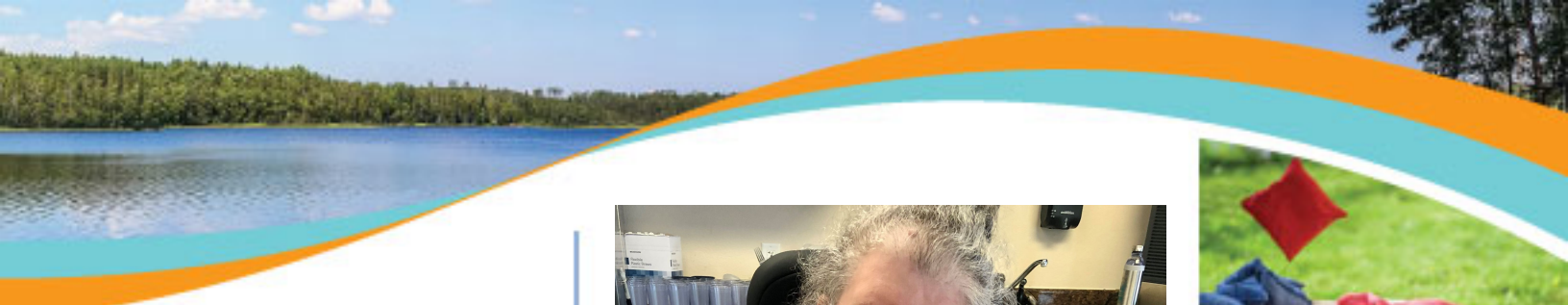


Hi! I'm KC (Katharine) Bertin (formerly Baumgartner). I was born and raised in St. Paul, MN. I graduated from The College of St. Catherine (now St. Catherine University) in 2005 with my

BSN. I have worked in various care settings but always find my way back home to gerontology. I consider it a privilege to provide care for our elders. I am married with Irish twins ages 3 and 4 and was advanced maternal age with both pregnancies so I could be their grandmother. They are my absolute joy in life and will surely be the death of me. I had the wanderlust in my youth and have lived and worked all over MN. We moved here to Bagley in 2018 but my family has had a cabin in Bemidji since 1994 so I've been coming up here most of my life. I am so excited to be here with you all and hope to retire from CNRC many years from now!

**CORNERSTONE WELCOMES YOU KC!**





### Easter Fun!

Easter Egg & Cookie decorating was a hoot with this fun crew!

Thanks to our amazing kitchen staff for always making sure we have all the delicious treats we need for activities like these. We appreciate you!



## Leadership

### Administrator

Kari Swanson, LHNA

### Director of Nursing

Danielle Churness, RN

### Quality Coordinator

Gina

Ballard-Schmunk, RN

### Activities Director

Gloria Lebeda

### Administrative Secretary

Judy Bromaghin

### Environmental Services Director

John Renner

### Social Services

Jennifer Steinke

### Financial Services

Shela Bellefy

### Dietary Manager

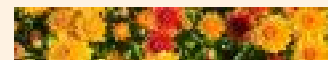
Paige Kort

### Consulting Dietitian

Kelly Jo Zellmann

### Consulting Pharmacist

Amanda White



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### **Services Offered at Cornerstone Nursing and Rehab Center**

Cornerstone Nursing and Rehab Center, a 47-bed, Medicare-certified, skilled-nursing facility, provides skilled care in a comfortable, safe and home-like atmosphere. Cornerstone offers quality health care and strives for excellence in all departments, enhancing the quality of life for our residents. Stop by for a personally guided tour of our facility. Individual resident care plans are developed by a team of professionals to ensure that all residents' needs are addressed and provided for.

We Offer:

- 24-hour licensed nursing care
- Physician visits
- Exercise and restorative care programs
- Therapeutic diets
- Physical, occupational and speech therapy
- Daily activities to meet individual interests
- Wonderful volunteers
- Spiritual and Hospice services
- Transportation arrangements
- Resident and Family Councils
- Adopted Foster Grandparents Program
- Private resident rooms
- Designated Memory Care wing
- Monthly visits by a registered dietitian and pharmacist consultant
- And much, much more!

Phone: (218) 694-6552 Fax: (218) 694-6987

We're on the Web! See us at: [www.cornerstoneshc.com](http://www.cornerstoneshc.com)